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Exemplar Review Document

This is an exemplar review document meant to help schools as they engage in the review process. It provides sample responses in relation to five of the review areas only. It works in conjunction with the exemplar action plan on this web-site.

When schools are applying for the Active School Flag they must provide responses to all 17 areas in the review document.

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Area	Current Situation	Possible Development	Priority	Number of Priority
<p style="text-align: center;">Curriculum Planning</p> <p>1. The school has consulted and agreed on a plan for Physical Education. This plan has been sanctioned by the Board of Management and is available to all teachers.</p>	<p>The school physical education plan was written up by the P.E. department and sanctioned by the Board of Management in 2002.</p> <p>It includes the school co-curricular policy and a section about the school's links with the community in terms of physical activity provision.</p> <p>It does not address the area of inclusiveness or the provision of physical activity for students with special needs.</p> <p>The school physical education plan is available from the main office and staff resource area for viewing. The principal and P.E. department also have copies of the plan.</p>	<p>To review and update the physical education plan in terms of the P.E. programmes taught in the school.</p> <p>To address the area of inclusiveness and the provision of physical activity opportunities for students with special needs in the physical education plan.</p>	<p>To review and update the physical education plan in terms of the P.E. programmes taught in the school.</p>	<p style="text-align: center;">4</p>

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<p>Co-curricular Activities</p> <p>6. The school enlists the help of National Governing Bodies (N.G.B.s) in co-curricular provision.</p>	<p>The school has enlisted the help of a Badminton Ireland coach to provide a certified badminton coaching course for T.Y. students.</p> <p>Both the F.A.I. and the Red Cross are also involved in the T.Y. physical education programme.</p> <p>In the past the I.B.A. has facilitated a certified basketball refereeing courses for T.Y. and senior cycle students.</p> <p>The school has strong links with the National Rowing Centre which is in the locality. Students from the school use these facilities on a regular basis.</p>	<p>To contact the I.R.F.U. and seek their help in providing a rugby certificate coaching course for T.Y. students.</p> <p>To contact the I.B.A. and investigate the possibility of providing a certified basketball refereeing course for senior students once again.</p> <p>To contact Orienteering Ireland to seek their help in mapping out the school grounds and environs and to help organise an orienteering event for the students of the school.</p>	<p>To contact the I.R.F.U. and seek their help in providing a rugby certificate coaching course for T.Y. students.</p>	<p>1</p>
<p>Additional Promotion of Physical Activity</p> <p>9. The school organises an Active School Week each year.</p>	<p>The school has organised an Active School Week during May for the past 8 years. The schedule of events has increased and evolved over time.</p> <p>The timetable for the most recent Active School Week is</p>	<p>To further develop the Active School Week programme in terms of the activities provided for students.</p> <p><i>Possible areas of development might include:</i></p> <p>- Student displays</p>	<p>To further develop the Active School Week programme in terms of the activities provided for students.</p>	<p>3</p>

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	included with the review documentation.	<ul style="list-style-type: none"> - Incorporating fun events into the 1st year Sports Day. - Introducing a tag rugby tournament for T.Y.s as part of the schedule. <p>To introduce events that will involve staff and parents in the Active School Week.</p> <p><i>Possible areas of development might include:</i></p> <ul style="list-style-type: none"> - Staff activity/fitness events - Parent activity/fitness events - Parent information nights on topics such as nutrition, fitness programmes etc. 		
<p>Links with the Community</p> <p>12. The school informs students about physical activity events, facilities and opportunities in their local area.</p>	<p>There are three large notice boards close to the gym where information about local clubs and facilities is prominently displayed.</p> <p>In addition, there are notice boards in each of the year group corridors where information about co-curricular events is</p>	<p>To compile a directory of the local sports clubs and facilities and create a school co-curricular brochure for distribution to all 1st year classes.</p> <p>To invite members of local sports clubs to come into school and address year group assemblies.</p>	<p>To compile a directory of local sports clubs and facilities and create a school co-curricular brochure for distribution to all 1st year classes.</p>	2

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	<p>displayed.</p> <p>Earlier in the year the L.C.A. class made out brochures on the sport and physical activity opportunities available in the locality. These were displayed in the main social area for two weeks.</p>			
<p>Qualifications, Training and Resources</p> <p>17. The school has adequate facilities and resources to provide students with comprehensive PE and co-curricular physical activity programmes</p>	<p>The school has a medium sized indoor gym and large outdoor area.</p> <p>Students make use of the local public pool for swimming lessons. There is a large park nearby which is used for outdoor activities.</p> <p>There is no specific classroom allocated on the timetable for P.E. but in general the school is able to supply an empty classroom to the P.E. department when the need arises.</p> <p>The school is well resourced to teach most areas of the junior cycle P.E. syllabu</p>	<p>To source and purchase P.E. equipment for students with special needs.</p> <p>To improve the orienteering resources in the school.</p> <p>To update the music compilations for the purposes of teaching dance and as background music for circuit training etc.</p> <p>To improve the tag rugby resources in the school.</p>	<p>To improve the orienteering resources in the school.</p>	<p>5</p>

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